#### HEALTH AND WELLNESS

## American Red Cross- First Aid: Responding to Emergencies

American Red Cross, c.1991

This book gives health precautions and guidelines for first aid training. It includes citizen response, body systems, responding to emergencies, life-threatening emergencies, injuries, medical emergencies, rescuing, and guidelines to a healthier life.

Paperback Book - 425 pages

ID Number: 0293-175

### American Red Cross - Standard First Aid

American Red Cross, c.1988, 1991

This book provides information on how to provide first aid in emergencies. It teaches skills and techniques on staying calm, making decisions, and taking appropriate steps to keep a victim alive until EMS arrives.

Paperback Book - 180 pages

ID Number: 0293-176

#### Bloodborne Pathogens, OSHA Standard For Industry - 1992

Long Island Productions

General Industry video not intended for detailed needs of BBP training in health care facility. Best used in conjunction with employer specific materials.

Categories addressed include: infection control requirements, the definition of "occupational exposure", safe work practices, personal hygiene practices, personal protective equipment needs, housekeeping requirements, exposure incident procedures, medical records and information and waste handling.

Video - 20 minutes
ID Number: 0195-048

# Bloodborne Pathogens-OSHA Standard For Industry - Spanish

Long Island Productions Video - 16 minutes ID Number: 0796-012

### Bloodborne Pathogen Overview

Safety Shorts

Film outlining the seven parts of the BBP compliance program (as employer responsibilities). This video is not intended for use in developing or implementing a training program meeting current training requirements. It does serve as a good short overview.

Video - 5 minutes
ID Number: 0195-038

# Bloodborne Pathogens: Workplace Precautions for Industry

ITS Corporation, c.1992

Audiovisual program includes demo disk for computer assisted training. Film defines pathogens, HBV, HIV, AIDS. Discusses routes of entry, precautions and exposure control plan.

Video - 18:40 minutes ID Number: 0198-103

## Industrial Hygiene - On Top of It

National Safety Council

Defines and discusses the practices of industrial hygiene with safety responsibilities to include such practices in the safety program. Includes the three steps for staying on top of industrial hygiene (recognition, evaluation and control), and defines each category.

Video - 11:50 minutes ID Number: 0195-019

### Physical Fitness & Health

National Safety Council

A brief film emphasizing the need to maintain good health through a balanced diet and daily exercise. Can be used as a lead-in to a physical fitness training session.

Video - 4:48 minutes ID Number: 0195-024

### Safety for Seniors

Handel Film Corporation and National Safety Council, c.1985.

This video, using a common sense approach, describes in detail how to avoid injury in bathrooms, bedrooms, kitchens, or stairs in basements and other areas of a home. It identifies 50 different hazards encountered in homes.

Video - 25 minutes
ID Number: 0892-044

#### **SNNAAKKES**

Video Productions Group, Stegman Productions in conjunction with Chevron Corporation, c.1987.

Durell Dubois, "a cowboy," covers the myths about rattlesnakes and the facts about habits, habitats, striking distances, and poisonous characteristics. He also covers where snakes will be found in the oil patch and pipeline areas at different times of the day and year. Bill Ransberger, rattlesnake expert from Sweetwater, Texas, shares his knowledge on how to avoid them and how to provide first aid to bite victims. Set near Midland, Texas.

Video - 21 minutes
ID Number: 0892-059

### The Sofa... Is Not a Training Aid

Video Productions Group, Stegman Productions in conjunction with Chevron Corporation, c.1989

The video presents Durrell, a "cowboy" who is out of shape due to beer, pretzels, television and his sofa. The video covers the dangers of too much training too soon, as well as the benefits of fitness. Six steps for proper conditioning are discussed. Humorous, good motivator.

Video - 22 minutes
ID Number: 0892-033

#### Thermal Burns

Safety Short Production, Inc., c.1989

This narrated video show graphic evidence of first, second and third degree burns and how they should be treated prior to the arrival of emergency aid.

Video - 5 minutes
ID Number: 0293-143

## Universal Precautions for Hepatitis B and AIDS

Long Island Productions, c. 1989

Instructs, demonstrates and motivates the transmission modes of HBV and HIV, types of protective clothing and equipment, proper selection and use of appropriate attire, proper handling and disposal of needles and sharps, good hand washing techniques, removal, handling, decontamination and disposal of contaminated clothing and equipment and corrective actions for spills or personal contamination blood or body fluids.

with blood or body f Video - 15 minutes ID Number: 0796-046

## What in the World is an Industrial Hygienist?

American Industrial Hygiene Association, c.1992

This informational video describes the types of monitoring, testing, training, investigative activities and other important functions of an industrial hygienist. Emphasizes the industrial hygienist activities of protecting the health of people where they work and live.

Video - 12 minutes
ID Number: 0293-167